

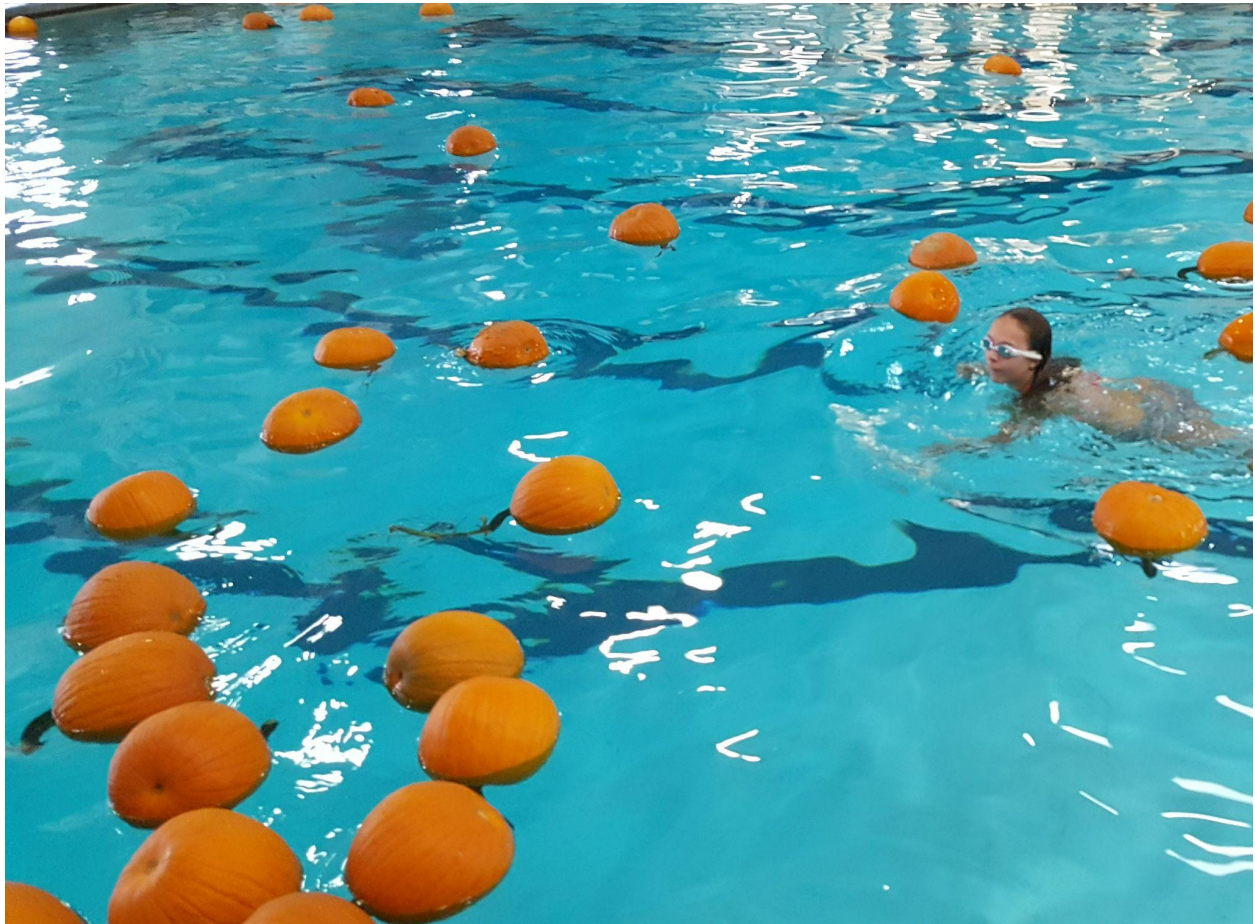


Monthly Newsletter

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# October 2022

Pumpkin Plunge Event and Winter Lessons!



by [Mary Ritchey](#) on October 10

Join us for our Floating Pumpkin Patch Event: Pumpkin Plunge! On October 29, we will host this event in our indoor pool. Registration is required, and signing up for the event is live through our website. Ticket price includes the pumpkin, painting supplies and Open Swim time. Spectators and Guardians are free. Anyone who comes to the door will only be

accepted if we have remaining pumpkins. Ticket pricing and options are listed on the Events tab on our website. Doors will open at 12pm.

We encourage everyone to dress up in their Halloween Costumes, because we'll kick off the event with a Costume Contest at 12:30pm. After people have had time to change into their swimsuits we will begin the Plunge! Pumpkin Plunge etiquette includes no throwing of pumpkins, 1 pumpkin per person and staying safe.

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THIS WEEK'S  
TOP STORIES



## Winter Swim Lessons

by [Karen Dayton](#) on October 10

Our aquatics program is designed to teach personal water safety and stroke development to youth and adults alike. We offer Group Lessons with levels 1A- 4 and Adult Lessons for ages 13 and up. Homeschool Swim Lessons include free playtime. Pre-Comp is intended as a bridge for summer swim teams and year-round swimming. Private Lessons provide an alternative learning environment and may be a better fit for certain learning styles or preferences. No matter what age or skill, we have a program for you or your child. [Registration for Winter Lessons opens October 25th](#). Classes will begin in November.



# Thank a First Responder

by [Mary Ritchey](#) on October 10

October 28th is National First Responders Day. A first responder is someone who is responsible for going to the scene of an accident or emergency to provide assistance. First responders learn life support techniques for different situations, including CPR, first aid and de-escalation. Lifeguards are classified as first responders and are constantly prepared for emergencies. Our lifeguards are trained through the Red Cross program and have dedicated their time and energy for the safety of our swimmers.

We are so grateful for the work you do in our community. Thank you for helping others when they can't help themselves, for showing up to difficult situations ready to help and for being a hero to those in need. You are appreciated.

